20+ YEARS ONE SHOW AT A TIME

SUMMER 2.008

Who We Are

The Wharf Rats are a group of concert-goers who have chosen to live drug and alcohol free. Our primary purpose at shows is to make ourselves available to anyone who feels we may have something they want. We don't tell others how to attend their show. We offer clean and sober support, strength, fellowship and hope. We are not affiliated with Alcoholics Anonymous, Narcotics Anonymous nor any other twelve-step group. We are a group of friends sharing a common bond, providing support, information and some traction in an otherwise slippery environment. Look for the yellow balloons, signs and the Wharf Rats information table.

From the Great NW...

where the rain keeps falling and things keep getting greener!!! We have been blessed with some awesome shows up here lately. Dark Star Orchestra and this coming weekend Ratdog and Gov't Mule down in Eugene - which means a short road trip for us and a lot of good music and camping at the hot springs afterwards. Being sober today - gives me access to the wide range of activities I used to attend and not remember who played or what was played and looking forward to my copy of the tape so I would know.

Today I look forward to another sober show and hearing the music in its most pure form. Unclouded by my personal haze. At DSO last month - the WR meeting was the best - leaning across the table in order to hear the person speaking - talk about togetherness!!!!!!!! To be able to go, listen to folks I never met (and some I have) gives me the hope and faith and strength to leave that last drink where it is - in the back of someone's pickup truck on my way to my first sober meeting, never to drink again. And the presence of the WR family at each of these shows gives me the power I need to attend and dance and laugh and have fun and know that in the break between sets 1 and 2 there will be more exciting folks to hear and share again. Providing more strength and hope and faith in my choice to remain clear and clean and in touch with the music. Music is my life and my life is in the music - pure and clean and uncluttered by cloudy vision.

Go - listen - feel the music - and the WR folks' with their yellow balloons giving us the meeting point of safety and sanity in the midst of what once was shaky ground for us. Peace and hoping to meet some of you there in Eugene OR this weekend!! Or at one of the other gatherings of music and love and fun!!!!! Sheri H Portland OR

HEY NOW..Welcome Camp Traction!

In the summer of 2006 a new concept was unveiled at High Sierra Music Festival in Quincy, California. A small group of sober friends worked with the promoters to secure a designated area where we could set up a sober camp with a banner where those clean and sober fans camped together at the festival. For me the dilemma has always been......"Great, there is a table at the show and meetings during set break, but when the show is over at a weekend festival......what now??? Camp Traction was conceived as a means of dealing with this very dilemma! Camp Traction was setup without any knowledge of how many people would participate.

We had an idea and a couple people and a big book. We set up meetings twice a day at 12:00pm and 12:00am. We had limited advertising and even less money. We worked with the Wharfrats once we got in to help spread the word. By the end of the weekend we had received 38 dollars in donations, made 27 new friends, held 8 meetings, and realized 1 dream.

It was a terrific experience and I cannot wait to do it again. The promoters loved us and we even had locals from the very small town of Quincy come to OUR meetings and said they wish we wouldn't leave. There is a great potential for this concept.

If you know of a festival that could benefit from something like this or would like to volunteer to act as camp host, please email sobercamping@gmail.com. Michael T. ~ www.camptraction.com ~ www.myspace.com/camptraction.

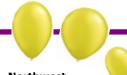
Hugs Are Better Than Drugs





WR CONTACTS AND TABLE COORDINATORS

Wharf Rat Home Page: http://www.wharfrat.org/



East Coast NY / NJ Metro Area

Dana P. - Dix Hills, NY Cell: 516-242-7858 Email: Dana526811.aol.com Alt: Contact Johnny A. PH: 631-219-6511 Email: johnyarc@optonline.net

East Coast

Carol C.
Chepachet, Rhode Island 02814
PH: 401-568-1023
Email:carol.crowther@beaconhs.com

Midwest

Mama T (Therese) & Daniel 5192 South 550 West Wabash, IN 46992 PH: 260-563-4771 Email: darkstar961@verizon.net

Southwest

Caroline "Mom" T. - Scottsdale, AZ PH: 480-314-1338 Email: Wharfmomt@aol.com Alt: Contact Michael M. - Tuscon, AZ PH: 520-820-8004 Email: mam2@mam2.com

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Oregon Area

Tom R. Email: oregonrats@gmail.com PH: 541-510-1623

West Coast Contact

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So. Cal Contacts

Lisa T. - Cell: 562-209-2240 Email: wharfie@hotmail.com Chef Larry - Cell: 951-818-6458 Email: cheflarry@sbcglobal.net

Southeast Asia

Don "Wharfdaddy" B. PH USA: (978) 404-9407 PH Thai Cell: 011-66-8706-25596 VOIP Thailand: 978-882-0004 Email: bangkokdon@hotmail.com

WHARF RAT MEETINGS

East Norwich, Long Island, NY Save Your Face Group of WR's

Contact:Tom 631-672-6851 , or Alt.: Johhny A., 631-219-6511 Email: Johnyarc@optonline.net

Tuesdays, 7:15-8:45PM, Community Methodist Church. Take the LIE to Exit 41N (106N), take 106N to 25A (Northern Blvd.), make U-turn on corner of 106N and 25A. Entrance on Vernon Ave., Fellowship door. Come One, Come All!

Indianapolis, IN Rats NA Drain Ditch

Contact Tim D.317-319-4697 Email: walstib@netzero.com Fridays 7:00-8:00PM, Woodruff Place Baptist Church 1735 East Michigan Street, Indianapolis, IN.

Bradenton, Florida

Contact Richard G., Cell: 941-737-3773
Email: rgeib@tampabay.rr.com
Wharfrat NA Thursdays 7:00-8:00PM
Christ Church Presbyterian Church
515 Upper Manatee River Rd.
Bradenton, FL 34212
Karaoke, every 2nd Thursday of month!!!

San Francisco, CA AA Group

Contact Charlie 415-564-3340 Email: Csmcchar@aol.com Thursdays 8:15-9:15PM, Holy Innocents Church,on Fair Oaks, between 25th & 26th Streets. Fair Oaks is parellel to and between Delores & Guerrero Streets.

Contact Charlie anytime. If you are in the Bay Area and can't make it to the meeting, join them for dinner before the meeting. If he can help you stay sober today, give a call.

San Franciso, CA NA Group Terrapin Station Group Wharf Rats

Contact Andrew K.

PH: 415-305-3469; Alt. No. 510-928-6598
Email: kish_construction@yahoo.com

Mondays, 8:00 - 9:30PM at St. John's Church at 15th & Julian
Street. Entrance on Julian Street.

Santa Cruz, CA Wharf Rats "A Rare and Different Tune"

Recovery,food,fellowship and music!
Contact: Lynn Kravitz: Cell: 510-928-2995
groovylynn@hotmail.com
or Jimmy Bishop: 831-818-4628 rowjimmyb@yahoo.com
contact us for current meeting times and locations

IF WE CAN'T REACH YOU, NO ONE ELSE CAN! Meeting contacts whose email addys and/or phone numbers are not active, will be removed from the list. The conclusion being that the meeting itself is no longer active. Please keep us current with your contact info if you want to continue to be listed here. It matters... to the folks out there trying to reach us, it definitely matters. Thanks all. Your Editor in Service.



ONE SHOW AT A TIME

Good to hear from Warren... Long Time Trusted Servant to WR's

Well its 13 years since Jerry is gone yet the Wharf Rats are still going strong. This is thanks to Bobby's tours, Phil's Tours, the advance of the internet and simply a strong recovery oriented base of us music lovers.

Throughout a good chunk of my life I've been following the Band and the music. Although aware of the Wharf Rats, I never thought this group of perceived misfits would become a solid part of my life. After some good destruction as a result of my addiction, I found recovery and then found my place in the Wharf Rats. I have met some of the nicest people in the world here and am honored to participate in Wharf Rat service. Thanks, Warren

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Closing the Warfield , SF and more....

Well now, what a long time and many changes we have all gone through over the years. Lots of fun, future shows are coming down the way. PL&F, Ratdog, DSO, multi-festivals, and more. Here in the SF Bay Area we have had a few history making shows. Just to name a few there was the 40th Summer of Love in Golden Gate park, Deadheads for Obama, and the closing of the Warfield Theater which was a finale of a 5-night run with PL&F. What a blow out run of shows!!! It was great to see lots of several musicians coming together for this event. The boys and all of the surprise guests played some very solid, energy-packed sets. The mind blowing entourage included doing something that the Dead or any other post reincarnation of the remaining members have ever don; they played for us, in order, several of their albums from over the past years, and to the best of my knowledge some of the songs had never been done live before! I couldn't believe how confused it made us

as we were all trying to follow such a string of studio album songs. Ya would think we would have the staples down at this point, but it was a great change of circumstance to experience. Over the years the Dead had always made it fresh, new and exciting for us. The Warfield shows followed that same level of expectation that continued to set a blaze of Love Light in everyone. Lots of WR support came from all over the country to take part in these sold-out shows. There were some terrific table volunteers that gave their time each night to ensure a safe foundation.

At the weekend shows we were able to hand out oddles of wooden-nickel WR recovery chips. It was an awesome time; love, laughter, service, music and dancing!!! What more could we ever want? If vou would like to be of service at any of the upcoming shows be sure you connect with a table coordinator so they can get you plugged in. Service work at the shows is an awesome privilege and an opportunity to keep the table alive and spread the message of recovery going round and round. Ya just never know who might figure out that they want what we have. Looking forward to seeing every one at the shows this summer and beyond! Blessings and love to all.

Lynn Kravitz :o) ~ ~ ~ ~ ~ ~ ~ ~

Mama T's Howdy & Love to All...

Just received two letters from inmates, incarcerated due to the disease of addiction. Somehow each of these guys got a copy of an old news letter and both expressed HOPE that they found people like themselves. As I told them, Wharf Rats don't keep me clean. I do that by attending meetings and working a 12 step program. WR's bring lots of fun and joy to my life.

Just saw Phil and F in Chicago. What a show! The table was close enough that I could enjoy the music. All the beautiful rats came by to visit. Brian and Angie are having another baby. Congrats! A new rat shared how much it means to her to be able to come to the show and enjoy without the worry of addiction-thanks Vicky.

This is what makes working the table so good. Sounds like Rothbury is going to be the happenin' music spot this summer. I love they that are making it "Greener" Glad Miko is running that. I will be in Wyoming at the gathering. Sureand I'll find some good music and some hippie recovery there!

LOVING EVERYONE Mama T

Maybe I had too much too fast...

....Or just overplayed my part! A vast understatement!!! When I finally got to the end of the road, with no where to go and nothing but darkness in what was left of my life, you found me!!

While lying around in an upstate NY treatment center with a horrific case of the poor me's, where do I go, what can I do, where did I go wrong, I'm no good, nobody wants me blues. .there you were ! A young man in a tie-dye, with a lovelight in his eyes and passion in his voice spoke to me. He told me of a place of hope and recovery and unconditional love. He spoke of a wondrous band of kindred souls who travel together, carrying a message that we can dance without dope....the Wharfrats !

We can hold out a kind hand, give a warm embrace, smile that I love life and you can too smile! We can do the things we have always loved, without doing the things we only thought we loved! The music, the community, the phellowship I was searching for. A group of concert goers who have chosen to live alcohol and drug free. Sounds like a tall order but definitely can happen for you.

Some of the best experiences I have had in my life have been shared around a table with you pholks. Be it at a festival with 30,000 or a small club show with a 1000, the message is there. You will find it at a card table in the lobby of the Landmark in Syracuse, in the hall at the Beacon Theater, or under an EZ up at the Gathering of the Vibes. Yellow balloons beckoning..a big yellow banner proudly carrying our name, offering experience, strength and hope. Experiences of the well traveled road, strength in numbers and hope for all. That with a foundation of recovery, a support group of kindred souls and hope for another day free from the bondage of self, we can go to the shows, we can dance, we can laugh and sing and love...

When I have the privilege of sitting at a table, knowing that our newsletter, or some words shared, or even a handful of candy may provide that spark in an addict to come back one more day, my soul soars and is renewed! For that's our purpose....to show that we can be free, happy and helpful, to ourselves and others, to our families and friends, for our employers and our communities. It starts with you. Give of yourself what was given freely and unconditionally to you! Pay homage to those that came before us and pass the love side to side. Offer a few hours of your time to sit at one of these tables and don't ever believe that you have nothing to offer. "I got no dime but I got some time to hear his story". What a beautiful statement that is. An ear to listen, a shoulder to lean on, some hope to offer and a heart to share!

The rewards are priceless. Whenever we give of ourselves, our own cup overflows, and when it overflows, there is a simple way to rephil....give some more!

There is a core of people I have met over time who have started this loving community and to who I always pay my respect when I share here. Of course, Don B, without his foresight, enthusiasm and plain old love for his phellow addict, we may not even be! From the 1st time I met him on Shakedown, sharing his wonderful silver jewelry, to last year @ the Vibes, he has always been an inspiration...thank you Don, more than words can tell! To Dana, who helped spring a meeting on 2 of my unsuspecting phriends @ a Trey show @ Jones Beach. They both saw the light that day in your glowing, smiling, dancing ray of hope...thank you! To Amanda, who I have had the pleasure of sharing the table with @ 3-4 Vibes and many small shows...you rock, my friend!! All the NY/LI crew who welcomed me to the Beacon Ratdog run in '06 and showed me that recovery is rampant in NYC! Charlie, I love how you love recovery and are willing to share your experience. Your humor is the best, as are you! Warren is sometimes known as the "sticker guy". He is that but he is so much more...an honest, straightforward man with an excellent recovery program and a heart of gold! And Johnny rocks...had the privilege of sharing a table with him and he spent all weekend talking and listening to a couple newcomers...that's what it's all about ! I can't forget my hometown, where a few of my phriends have traveled with me and taken up the cause when life wouldn't allow me to go....Anthony, Lauren and Patric, you know how much you mean to me!

So...as you hit the road this Summer, poke around, search for the sound, meet us at the Jubilee! Look for that oasis of hope in the Sea of Madness, Yellow balloons calling all the road weary travelers....pull up a seat and share a smile, a hug...There is traction here, peace and unconditional love!! The people sitting there give of themselves asking nothing in return....only to pass it on!

There is an old folk song, called Fly Away (does that line sound familiar?)

I have found that place..thanks to an old head that showed me that there is hope...Thanks to you all for giving me my life and showing me the simple abundance of gratitude that life offers us all !

I have been fortunate to host tables in the midwest, mostly Ohio, for the last 14-15 years. I have experienced the miracles of recovery as I see newly recovering addicts seeking fun and support.

It has been my honor and priviledge to walk this road and share this trip with all the beautiful people I meet. I've heard that guy say 'I was really having a tough time today' and he didn't have to pick up. We do serve a purpose and I am grateful to share in that. We are now with many other bands and festies, just look for the yellow balloons [no nitrous]! Yours in Service,

PEACE, LOVE AND RECOVERY Lefty



T R I B E where can I reach you after the show...?

Check out new groups online:

Wharfrats Together: http://health.groups.yahoo.com/group/ Wharfrats_Together/?yquid=201137465

Wharfrat Women: http://health.groups.yahoo.com/group/ Wharfrat_Women/?yguid=201137465

Tap into clean online communities:

*Camp Traction - Clean & Sober Camping at shows and more...
http://www.camptraction.com

http:// www.camptraction.com
http:// www.myspace.com/camptraction

*The Jellyfish - String Cheese Incident Fans: http://www.scijellyfish.org/

*Digital Buddhas - Disco Biscuits folks:

http://health.groups.yahoo.com/group/DigitalBuddhas/

*The Gateway - Widespread Panic Folks: http://www.soberfans.com/

*The Golden Gaters - Particle Folks:

http://health.groups.yahoo.com/group/GoldenGators/

*The Phellowship - Phish Pholks:

http://www.phish.net/faq/phellow.html

*The Velcro Kangaroos - Yonder Mountain String Band Folks: http://health.groups.yahoo.com/group/ velcrokangaroos/

*Happy Hour Heroes - Moe Folks:

http://health.groups.yahoo.com/group/ happyhourhero/

*Monkeyhill - Gov't Mule fans:

http://launch.groups.yahoo.com/group/Monkeyhill/ ?yguid=201137465

STICKERS! STICKERS! STICKERS!

These are high-quality, durable stickers. They will last you through any weather. We do ask a \$1.00 donation for each sticker. Please send a postal money order, along with an additional 50 cents to cover return postage to our Sticker Coordinator, Warren F., listed on the Contacts page. Please make sure to specify which and how many stickers you want.



ONE SHOW AT A TIME



WHARF,RATS
High On Music







STILL CRAZY AFTER ALL THIS SOBRIETY

True Deadheads Get

Digh On Music J







Wharf Rat Service?

If you'd like to be of service at an upcoming show please call the Wharf Rat contact in your area. If there is no contact in your area, maybe you could be one? Tables and tablers are always in need of support. Table service, covering tables for dinner, restroom and dance breaks for people who are tabling, donations of candy, yellow balloons, pens, envelopes, all are welcomed. Stop by and see if you can help if you are so inclined. Meet your local Wharf Rats, we can certainly promise you a warm welcome and you will walk away with some new clean & sober friends. Thanks to all the Wharf Rats everywhere who tended tables and volunteered in a hundred different ways this last year to meet all the needs of Wharf Rats bringing tables in whenever and wherever we can. Without your loving service we'd be without the family gatherings and traction in this slippery environment that we share at shows.....hugs to you all. Wharf Rat Service



Summer Tour 2008





07/08 Charlottesville Pavillion, Charlottesville, VA

07/09 House of Blues, Myrtle Beach, SC

07/11 All Good Music Festival, Masontown, WV 07/12 Highland Bowl, Rochester, NY 07/13 Nikon @ Jones Beach, Wantagh, NY 07/26 10,000 Lakes Festival, Detroit Lakes, MN 08/02 Gathering of the Vibes, Bridgeport, CT

Ratdog

06/20 Cuthbert Amphitheatre, Eugene, OR 06/21 WaMu Theater, Seattle, WA 06/2/4 The Depot, Salt Lake City, UT 06/27 Ironstone Vineyards, Murphys, CA 06/28 Fantasy Springs Resort Casino, Indio, CA 06/29 Greek Theatre, Los Angeles, CA 07/01 Humphrey's Concerts, San Diego, CA 07/03 The Joint, Las Vegas, NV 07/02 Humphrey's Concerts, San Diego, CA

07/05 Plumas-Sierra County Fairgrnds, Quincy, CA 07/06 Britt Pavilion, Jacksonville, OR

07/09 Ctr for Performing Arts, San Jose, CA

07/10 Center for the Performing Arts, San Jose, CA

08/10 Ossipee Valley Fairgrounds, Hiram, ME

08/12 Bethel Woods Ctr for the Arts, Bethel, NY

08/13 Jones Beach Amphitheater, Wantagh, NY 08/15 PNC Bank Arts Center, Holmdel, NJ 08/16 Tweeter Center, Mansfield, MA 08/01 Saratoga Perf. Arts Ctr, Saratoga Sprgs, NY 08/20 New England Dodge Music Ctr, Hartford, CT 08/22 Finger Lakes Perf Arts Ctr, Canandaigua, NY

08/23 Susquehanna Bank Center, Camden, NJ

08/25 Star Pavilion, Hershey, PA

08/27 DTE Energy Music Theatre, Clarkston, MI

08/28 Charter One Pavilion, Chicago, IL

08/30 Red Rocks Amphitheatre, Morrison, CO

01/28/09 Grand Lido Negril Resort & Spa, Negril, Jamaica

Mickey Hart Band

06/06 Harmony Festival, Santa Rosa, CA 06/08 Wakarusa Festival, Lawrence, KS 07/02 Southgate House, Newport, KY 07/03 Rothbury Festival, Rothbury, MI 07/04 Nelson Ledges, Garretsville, OH

07/05 Lakeview Music Festival, Chicago, IL

07/06 Summerfest, Milwaukee, WI 07/08 Calvin Theater, Northampton, MA

07/09 Birchmere, Alexandria, VA

07/10 Morristown Community Theater., Morristown, NJ

07/11 Penn's Peak, Jim Thorpe, PA 07/12 Great S Bay Music Festival, Patchogue, NY 07/15 The Fillmore, New York, NY

07/17 Thursday in the Square, Buffalo, NY 07/18 Magic City Music Hall, Binghamton, NY 07/19 Palace Theatre, Pittsburgh, PA

07/20 Ram's Head Live, Baltimore, MD

07/22 The Vogue, Indianapolis, IN

07/23 Slowdown, Omaha, NE

07/24 10 Thousand Lakes Festval, Detroit Lakes, MN

Dark Star Orchestra

07/10 Penn's Peak, Jim Thorpe, PA 07/11 Governor's Is., New York, NY

07/12 All Good Music Festival, Masontown, WV

07/16 Veteran's Pk Amph., Kent Stage, Kent OH

07/17 Headwaters Pk, Event Pavillion, Fort Wayne, IN

07/18 Annie's, Cincinatti, OH

07/19 CEFCU Ctr Stage @ Landing, Peoria, IL

07/23 Soo Pass Ranch, Detroit Lakes, MN

07/25 Park West, Chicago, IL

07/26 Park West, Chicago, IL

07/27 Bluebird Nightclub, Bloomington, IN

07/30 House of Bluses, Atlantic City, NJ

07/31 Seaside Park, Bridgeport, CT

08/01 Saranac Brewery, Utica, NY

08/02 Gateway Pk Series, N Tonawanda, NY

08/03 High Fall Brewery, Rochester, NY

08/06 Innsbrook Pavilion, Glen Allen, VA

08/07 Bottle & Cork, Dewey Beach, DE

08/09 Vasa Park, Hackettstown, NJ

08/10 Mountain Music Meltdown, Saranac Lake, NY

08/29 Nelson Ledges Quarry Pk, Garrettsville, OH 08/30 Nelson Ledges Quarry Pk, Garrettsville, OH

08/31 Nelson Ledges Quarry Pk, Garrettsville, OH

09/18 Cain's Ballroom, Tulsa, OK

09/19 House of Blues, Dallas, TX

09/20 Stubb's Waller Creek, Austin, TX

09/23 Orpheum Theater, Flagstaff, AZ

09/25 House of Blues, Anaheim, CA

09/26 Wave House, San Diego, CA

09/27 Henry Fonda Theater, LA, CA

09/30 Crystal Bay Club Casino, Crystal Bay, NV

10/02 The Fillmore, San Francisco, CA

10/03 The Fillmore, San Francisco, CA

10/04 The Fillmore, San Francisco, CA

10/07 Crest Theater, Sacramento, CA

10/09 Crystal Ballroom, Portland, OR

10/09 The Showbox, Seattle, WA





























